

27 - 28 MARCH 2019

THE HUMBER ROYAL HOTEL,
GRIMSBY, NORTH EAST LINCOLNSHIRE



Hear from leading professionals, both national and international, who will examine how efficiencies within psychology, older people's services and IAPT – Improving Access to Psychological Therapies have been successfully implemented. The two day event will showcase practical examples of service development, integration and innovation within the NHS and social enterprises.

Day 1 | Wednesday 27 March 2019

Morning led by NAViGO Older People's Services

- Case studies of positive practice in older people's mental health services
- Introduction to NAViGO older people services
- Mental health recovery in old age
- Take your passion and make it happen – occupational therapy
- Memory accreditation – positive outcomes with a focus on research
- Supporting carers with a creative approach
- The dynamics of complex care needs in residential care
- Presentations and guest speakers
- Interactive stands and taster sessions

Afternoon led by NAViGO IAPT Services

- Best practice in Improving Access to Psychological Therapies (IAPT)
- Providing integrated IAPT and employment support
- Five year forward view - Integrating mental and physical health
- IAPT in areas of deprivation
- Focus on research – predicting relapse
- Presentations and workshops

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Day 2 | Thursday 28 March 2019

**Psychiatry and Clinical Psychology –
Transformational excellence through joint working**

Morning - Presentations

- Overview of the trial evidence for Collaborative Assessment & Management of Suicidality (CAMS)
- Eradicating the secondary psychology waiting list
- Social enterprises - an innovative approach to high quality provision

Afternoon – Workshops

- Clinician Confidence as a precursor to CAMS based suicide reduction (the NAViGO and CAMS-CARE model)
- Complex joint case work – high quality services for out-of-area placements and continuing care service users

Keynote speakers to include:

- Professor David Jobes, Washington DC, USA
- Dr Nat Wright, Transform Research Alliance
- Andrew Molodynski, British Medical Association
- Professor Zaffer Iqbal, Head of Psychology Services - NAViGO
- Dr Aamer Sajjad, Medical Director – NAViGO